

Sport Swansea The Shed

Customer Guidance

General Guidance

- Do not enter our facilities if you are experiencing symptoms of Covid-19 in the last 10 days including:
 - A new, continuous cough
 - A high temperature
 - Loss of sense of smell or taste or both
- Do not enter our facilities if your or someone in your household is self-isolating
- Do not enter our facilities if your or someone in your household has come in contact with anyone experiencing Covid-19 symptoms in the last 14 days
- In the event anyone becomes unwell with COVID-19 symptoms during a session, they must:
 - leave immediately, avoiding contact with others, surfaces, and equipment
 - notify group organiser/member of facility staff as soon as possible
 - adhere to Public Health Wales guidance
- **Individuals/group organisers must inform facility staff of a suspected COVID-19 case immediately**
- Social distancing must be observed at all times unless otherwise stated
- Customers classed as vulnerable should seek medical guidance before attending
- Staff will provide First Aid cover. Injured persons will be encouraged to self-administer treatment where possible, with qualified First Aid staff overseeing. Where this is not possible, staff have been issued with appropriate PPE to safely administer treatment
- Maintain social distancing measures at all times
- Strictly follow all hygiene guidance and procedures as indicated by signage around the facility
- The University is now mandating the use of face coverings for all staff, students, customers and visitors whilst on site. Therefore, please be advised:
 - Face coverings **must** be worn by all customers/users when moving around Sport Swansea indoor facilities, but can be removed during sessions.
 - Face coverings are encouraged for all customers/users when traveling to/from/between outdoor facilities, but can be removed during sessions. However, masks and coverings are still a sensible precaution when moving around outside

- Facility rules must be abided by at all times
- Only staff are permitted in office
- Hand sanitising stations will be located around the facility
- Equipment cannot be shared between users
- Athletes must ensure that equipment is wiped down before and after use, our staff will clean all equipment between sessions
- If athletes are planning to attend with a coach they must first confirm with facility staff to ensure there is capacity. All coach details are also required for Track & Trace & Protect purposes

The Shed

- All building access will be via the side entrance in the alley between The Shed and Vivian Tower, we request that all users adhere to social distancing measures
- Exit will be located via the back fire exit doors, we request that all users adhere to social distancing measures
- The toilet will be operational but not for changing purposes, come dressed and prepared to train
- Athletes will need to bring their own water provisions
- Current capacity is 12 users in the facility at a time, this will be constantly reviewed as we look to open in phases when we deem it safe to do so
- All sessions **must be pre-booked via head coach or strength and conditioning coach**, please contact Gareth Beer via g.j.beer@swansea.ac.uk
- Payments must be made when invoiced by Sport Swansea
- The Shed is currently only open for Sport Swansea High Performance teams and sports scholars. We will be monitoring the situation and will open further when we deem it safe to do so

